

South County Office (Administration) and School Partnership Program (SPP)

9200 Watson Road, G-101
 St. Louis, MO 63126-1528
 Ph: 314-544-3800

Florissant Office

1385 Harkee Drive
 Florissant, MO 63031
 Ph: 314-831-1533

O'Fallon Office

311 South Main, Ste 100
 O'Fallon, MO 63366
 Ph: 636-281-1990

Troy Office

#140 Professional Parkway
 Troy, MO 63379-2823
 Ph: 636-281-1990

Union Office

102 East Springfield, Ste 202
 Union, MO 63084-1363
 Ph: 636-583-1800

West County Office

498 Woods Mill Road
 Manchester, MO 63011-4144
 Ph: 636-391-9966

Bellefontaine Neighbors Office

10235 Ashbrook Drive
 St. Louis, MO 63137
 Ph: 314-831-1533

Herculaneum Office

1349 McNutt Street
 Herculaneum, MO 63048
 Ph: 636-638-2203



Catholic Family Services

Funding and Member logos:



QUALITY ACCOUNTABILITY



HOPE INTEGRITY

Our Mission

Guided by the teachings of Jesus Christ, Catholic Family Services supports healing and improved mental health for families and children of all backgrounds through professional counseling and psychiatric services.

Connect with Catholic Family Services!



www.cfsstl.org

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PROGRAMS AND SERVICES

Catholic Family Services, a non-profit agency, was originally established in 1955 by the St. Vincent de Paul Society with the goal of strengthening the family unit. Today, Catholic Family Services continues this vision by providing the following programs and services:

- ◆ **Office Based Counseling**
Children, Adolescents, Adults, Elderly
Individuals, Couples, Marital, Family
On-going therapy groups
- ◆ **School Partnership Program**
Clinicians provide services to students and teachers while embedded within schools. We also provide crisis counseling upon request.
- ◆ **Employee Assistance Program (EAP)**
Provides an opportunity for companies to create a path of overall wellness for employees by offering short-term mental health counseling, work/life management, and training at no cost to the employee.
- ◆ **Psychiatry**
Evaluation and medication management
- ◆ **Community Education**
Seminars and workshops on various topics including parenting (Love & Logic), anger management, assertiveness training, sexual abuse prevention, and others
- ◆ **Training Program**
CFS trains a wide range of professionals and businesses on topics such as trauma informed care, conflict management, self care, etc.

STAFF

All of our clinicians possess a Masters Degree with the majority having an LCSW or LPC licensure. Clinicians are trained in evidence based treatments and best practices with expertise in areas such as:

- ◆ Depression
- ◆ Anxiety
- ◆ Bi Polar
- ◆ ADHD
- ◆ Stress
- ◆ Employee Assistance
- ◆ Grief / Loss
- ◆ Sexual Abuse
- ◆ Domestic Violence
- ◆ Relationship Counseling
- ◆ Divorce
- ◆ Parenting
- ◆ Crisis
- ◆ Trauma

REFERRALS

Referrals to other service providers are made when the need arises. We also welcome referrals from churches, schools, hospitals, case managers, employers, insurance companies, family members, friends, etc.

Our services are offered without regard to religion, gender, age, race, national origin, ethnicity, creed, sexual orientation, or disability.

COSTS

Many private insurance companies and EAPs/ Grants cover the costs of counseling and mental health services. We are happy to process insurance claims for reimbursement. For those who qualify, services are offered on a sliding scale.

HOURS OF OPERATION

Evening and/or weekend appointments are available at all of our office locations. Normal business hours are Monday through Friday, 8:30 a.m. to 5:00 p.m. Please ask about Saturday appointments when you call.

CONFIDENTIALITY

Catholic Family Services respects and protects the privacy and dignity of those we serve. Unless required by law, your information will not be disclosed without your written consent.

CONTACT US

You may contact the office nearest you by referring to the back of this brochure. If you are uncertain as to which location to call, please contact our Administration Office at; 314-544-3800 or 1-800-652-8055.