### OFFICE LOCATIONS

#### **Administration and South County Office**

9200 Watson Road, G-101 St. Louis, MO 63126-1528 Ph: 314-544-3800 or 1-800-652-8055

### **Family Wellness Center**

101 W. College Street, Suite 1 Troy, MO 63379 Ph: 636-498-2273

# Fatherhood Initiative and Places for Fathers

1911 North Taylor Avenue St. Louis, MO 63113-2601 Ph: 314-535-0017

### Language Access Metro Project (LAMP)

9200 Watson Road, G-101 St. Louis, MO 63126-1528 Ph: 314-842-0062

#### **Northwest Office**

1385 Harkee Drive Florissant, MO 63031 Ph: 314-831-1533

#### St. Charles Office

255 Spencer Road, Suite 202 St. Peters, MO 63376 Ph: 636-498-2273

## School Partnership Program (SPP)

9200 Watson Road, G-101 St. Louis, MO 63126-1528 Ph: 314-544-3800

### Union Office / Family Wellness Program

100 West Main Street Union, MO 63084-1363 Ph: 1-800-583-8355

### **West County Office**

498 Woods Mill Road Manchester, MO 63011-4144 Ph: 636-391-9966

### Catholic Family Services is accredited by:



### and a proud member of:







Missouri Department of Economic Development • Youth Opportunities Program •







# **Parents and Teachers**

Do You Want to
Take the Stress Out
of Raising and Teaching Kids?



We are recognized facilitators of the Love and Logic approach and we can HELP...

# **EDUCATING**

# MOTIVATING

# SUPPORTING

# **FOR PARENTS**

Love allows children to grow through their mistakes. Logic allows children to live with the consequences of their choices.

It's never too late for parents to begin using the Love and Logic techniques regardless of whether your family has a teenager or toddler.

### YOU WILL LEARN:

- · simple, practical, and easy techniques
- specific how-to's of successful parenting, not just theoretical concepts
- · techniques that produce immediate results
- alternative ways to communicate with your children
- · great comebacks all parents need to know

### **BENEFITS:**

- happy, fun families
- · parents feel more empowered
- · children develop and grow in a healthy way
- provides children with confidence and dignity

## FOR TEACHERS

The 9 Essential Skills for the Love and Logic Classroom is guided by principles firmly grounded in research.

### YOU WILL LEARN HOW TO:

- teach children to own and solve the problems they create
- avoid power struggles
- combine consequences with high levels of empathy and warmth
- · build the adult-child relationship
- end student arguing and set limits without lectures
- develop skills to prevent problems and save time for teaching

# **BENEFITS:**

This program ultimately teaches children how to become more responsible. By encouraging the home-school connection and promoting collaboration, we create a positive atmosphere where everyone wins!

### **OUR STAFF**

Our clinicians are trained and recognized facilitators of the Love and Logic approach.

### **LOCATION**

Groups for parents and teachers are provided throughout the St. Louis area.

We are flexible and willing to develop programs where there is need and interest.

### COSTS

Costs are minimal and vary depending on the needs of the participants.

# CONFIDENTIALITY

Catholic Family Services respects and protects the privacy and dignity of those we serve. Unless required by law, your information will not be disclosed without your written consent.

### **CONTACT US**

To find or create a group in your area, please contact our Administration Office at:

314-544-3800 or 1-800-652-8055

Visit us at: http://www.cfsstl.org